



## Non-Specialty Mental Health Services (NSMHS): Utilization Assessment

Utilization Data Lookback: 11/15/2023-11/15/2024

| <b>Total Member Count of Members with Disability</b>  |                       |
|---|-----------------------|
| <b>Category</b>   | <b>Unique Members</b> |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 142,203               |
| Psychiatric consultation  | 71,741                |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 35,505                |

| <b>Total Member Count by Age Band</b>   |                 |                       |
|---|-----------------|-----------------------|
| <b>Category</b>   | <b>Age Band</b> | <b>Unique Members</b> |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 0-10            | 12,492                |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 11-20           | 32,616                |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 21-30           | 27,687                |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 31-40           | 25,951                |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 41-50           | 16,846                |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 51-60           | 14,947                |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 61-70           | 9,562                 |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 71-80           | 1,465                 |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 81-90           | 516                   |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | 91-100          | 113                   |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Over 100        | 8                     |
| Psychiatric consultation  | 0-10            | 8,657                 |
| Psychiatric consultation  | 11-20           | 14,852                |
| Psychiatric consultation  | 21-30           | 14,366                |
| Psychiatric consultation  | 31-40           | 13,529                |
| Psychiatric consultation  | 41-50           | 8,236                 |
| Psychiatric consultation  | 51-60           | 6,927                 |
| Psychiatric consultation  | 61-70           | 4,055                 |
| Psychiatric consultation  | 71-80           | 707                   |
| Psychiatric consultation  | 81-90           | 320                   |
| Psychiatric consultation  | 91-100          | 91                    |
| Psychiatric consultation  | Over 100        | 1                     |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 0-10            | 12,225                |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 11-20           | 5,500                 |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 21-30           | 3,983                 |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 31-40           | 3,946                 |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 41-50           | 2,976                 |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 51-60           | 3,172                 |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 61-70           | 2,529                 |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 71-80           | 736                   |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 81-90           | 360                   |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | 91-100          | 76                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Over 100        | 2                     |



| <b>Total Member Count by Language</b>   |                 |                       |
|---|-----------------|-----------------------|
| <b>Category</b>   | <b>Language</b> | <b>Unique Members</b> |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Arabic          | 5                     |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Chinese         | 534                   |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | English         | 116,057               |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Korean          | 1                     |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Punjabi         | 1                     |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Spanish         | 25,444                |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Vietnamese      | 161                   |
| Psychiatric consultation  | Arabic          | 3                     |
| Psychiatric consultation  | Chinese         | 111                   |
| Psychiatric consultation  | English         | 61,511                |
| Psychiatric consultation  | Korean          | 1                     |
| Psychiatric consultation  | Spanish         | 10,081                |
| Psychiatric consultation  | Vietnamese      | 34                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Arabic          | 3                     |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Chinese         | 66                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | English         | 30,422                |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Korean          | 1                     |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Spanish         | 4,962                 |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Vietnamese      | 51                    |

| <b>Total Member Count by Race</b>   |   |                       |
|---|---|-----------------------|
| <b>Category</b>   | <b>Race</b>                               | <b>Unique Members</b> |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Not Specified                             | 140,021               |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | American Indian or Alaska Native          | 56                    |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Asian                                     | 104                   |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Black or African American                 | 333                   |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Native Hawaiian or Other Pacific Islander | 26                    |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Not Specified                             | 72                    |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | White                                     | 1,160                 |
| Psychiatric consultation  | Not Specified                             | 70,396                |
| Psychiatric consultation  | American Indian or Alaska Native          | 35                    |
| Psychiatric consultation  | Asian                                     | 41                    |
| Psychiatric consultation  | Black or African American                 | 211                   |
| Psychiatric consultation  | Native Hawaiian or Other Pacific Islander | 9                     |
| Psychiatric consultation  | Some other race                           | 273                   |
| Psychiatric consultation  | White                                     | 776                   |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Not Specified                             | 34,955                |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | American Indian or Alaska Native          | 13                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Asian                                     | 22                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Black or African American                 | 87                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Native Hawaiian or Other Pacific Islander | 5                     |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Some other race                           | 129                   |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | White                                     | 294                   |



| Total Member Count by Ethnicity   |                                   |                |
|---|-----------------------------------|----------------|
| Category  | Ethnicity                         | Unique Members |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Hispanic                          | 80,815         |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Caucasian                         | 28,935         |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Black                             | 11,566         |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Other Race or Ethnicity           | 2,264          |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Asian or Pacific Islander         | 1,036          |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | American Indian or Alaskan Native | 281            |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Not Provided                      | 1              |
| Psychiatric consultation  | Hispanic                          | 38,590         |
| Psychiatric consultation  | Caucasian                         | 16,668         |
| Psychiatric consultation  | Black                             | 6,506          |
| Psychiatric consultation  | Other Race or Ethnicity           | 975            |
| Psychiatric consultation  | Asian or Pacific Islander         | 345            |
| Psychiatric consultation  | American Indian or Alaskan Native | 174            |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Hispanic                          | 17,547         |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Caucasian                         | 7,424          |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Black                             | 2,870          |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Other Race or Ethnicity           | 770            |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Asian or Pacific Islander         | 241            |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | American Indian or Alaskan Native | 94             |

| Total Member Count by Gender Identity   |   |                |
|---|---|----------------|
| Category  | Gender Identity                                     | Unique Members |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Information is Unavailable                          | 138,794        |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Additional gender category or other                 | 25             |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Choose not to disclose                              | 46             |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Female  | 2,273          |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Genderqueer, neither exclusively male nor female    | 40             |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Male  | 939            |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Transgender female/trans woman/male-to-female (MTF) | 34             |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Transgender male/trans man/female-to-male (FTM)     | 52             |
| Psychiatric consultation  | Information is Unavailable                          | 69,614         |
| Psychiatric consultation  | Additional gender category or other                 | 20             |
| Psychiatric consultation  | Choose not to disclose                              | 30             |
| Psychiatric consultation  | Female  | 1,342          |
| Psychiatric consultation  | Genderqueer, neither exclusively male nor female    | 28             |
| Psychiatric consultation  | Male  | 638            |
| Psychiatric consultation  | Transgender female/trans woman/male-to-female (MTF) | 33             |
| Psychiatric consultation  | Transgender male/trans man/female-to-male (FTM)     | 36             |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Information is Unavailable                          | 34,739         |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Additional gender category or other                 | 7              |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Choose not to disclose                              | 12             |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Female  | 491            |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Genderqueer, neither exclusively male nor female    | 6              |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Male  | 235            |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Transgender female/trans woman/male-to-female (MTF) | 5              |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Transgender male/trans man/female-to-male (FTM)     | 10             |



| <b>Total Member Count by Sexual Orientation</b>   |                             |                       |
|---|-----------------------------|-----------------------|
| <b>Category</b>   | <b>Sexual Orientation</b>   | <b>Unique Members</b> |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Information is Unavailable  | 138,950               |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Bisexual                    | 132                   |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Choose not to disclose      | 189                   |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Don't Know                  | 37                    |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Lesbian, gay, or homosexual | 155                   |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Pansexual                   | 52                    |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Something Else              | 33                    |
| Mental health evaluation and treatment, including individual, group, and family psychotherapy   | Straight or heterosexual    | 2,655                 |
| Psychiatric consultation  | Information is Unavailable  | 69,725                |
| Psychiatric consultation  | Bisexual                    | 96                    |
| Psychiatric consultation  | Choose not to disclose      | 124                   |
| Psychiatric consultation  | Don't Know                  | 26                    |
| Psychiatric consultation  | Lesbian, gay, or homosexual | 133                   |
| Psychiatric consultation  | Pansexual                   | 47                    |
| Psychiatric consultation  | Something Else              | 18                    |
| Psychiatric consultation  | Straight or heterosexual    | 1,572                 |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Information is Unavailable  | 34,771                |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Bisexual                    | 18                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Choose not to disclose      | 44                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Don't Know                  | 4                     |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Lesbian, gay, or homosexual | 32                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Pansexual                   | 12                    |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Something Else              | 6                     |
| Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he | Straight or heterosexual    | 618                   |